

NEW PATIENT QUESTIONNAIRE

Patient Name: _____ Date of Birth: _____

Today's Date: _____ What is the reason for your visit? _____

Referring MD: _____ Primary MD: _____

SYMPTOMS (Reason for your visit?)

- | | | | | |
|---|---------------------------------|---------------------------------------|---|---|
| <input type="checkbox"/> Itchy | <input type="checkbox"/> Watery | <input type="checkbox"/> Burning Eyes | <input type="checkbox"/> Headaches | <input type="checkbox"/> Shortness of Breath |
| <input type="checkbox"/> Ear Fullness/Pain | | | <input type="checkbox"/> Loss of Sense of Smell | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Runny / Itchy Nose | | | <input type="checkbox"/> Post Nasal Drainage | <input type="checkbox"/> Chest Tightness |
| <input type="checkbox"/> Sneezing | | | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Rash / Itching |
| <input type="checkbox"/> Nasal Congestion | | | <input type="checkbox"/> Throat Clearing | <input type="checkbox"/> Swelling of Lips <input type="checkbox"/> Tongue |
| <input type="checkbox"/> Facial Pain and Pressure | | | <input type="checkbox"/> Coughing | <input type="checkbox"/> Swelling of Hands <input type="checkbox"/> Feet |

ALLERGY HISTORY

Do you have allergies or hay fever? Yes No Are symptoms SEASONAL and/or YEAR ROUND?

Medications tried: _____

Have you been tested for allergies? Yes No How? Skin testing and/or Blood Test

Have you ever received allergy injections? Yes No For how long? _____ When? _____

Did they help? Yes No

Do you have a history of allergies to the following? Foods Latex Insect Stings Antibiotics

Other _____

SINUS HISTORY

Do have a history of sinus problems? Yes No History of Nasal Polyps? Yes No

Color of drainage today? _____

How many times have you been treated for sinus infection in the last year? _____

Have you ever had an Xray or CT scan of your sinuses? Yes No

When/Results? _____

Have you ever had sinus surgery? Yes No If yes, When? _____ Was it helpful? _____

Have you ever received a pneumonia vaccine? Yes No

Do you usually get a flu shot each year? Yes No

ASTHMA HISTORY

Have you ever been diagnosed with asthma? Yes No If yes, When? _____

Have you ever been to the Emergency Room because of your asthma? Yes No How often? _____

Have you ever been hospitalized overnight for breathing difficulty? Yes No How often? _____

Have you ever missed school or work due to your asthma? Yes No How often in the last year? _____

How many times in the last year have you had to take oral or injected steroids? _____

Medications tried: _____

Patient Name: _____

FOOD ALLERGY HISTORY

Have you ever had a reaction to a food? Yes No If yes, what food and when? _____

Currently avoided foods: _____

Last reaction: Food _____ Year _____

Symptoms Hives Swelling (location _____) Vomiting Cough/Wheeze
 Other _____

Last food allergy testing: Skin testing (year: _____) Bloodwork (year: _____)

Do you have an epinephrine autoinjector? Yes No

Have you participated in any form of food allergy treatment or oral immunotherapy? Yes No

REVIEW OF SYSTEMS (Do you have any of the following?)

- | | | |
|--|--|---|
| <input type="checkbox"/> Fever | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Muscle Aches/Pain |
| <input type="checkbox"/> Chills/Night Sweats | <input type="checkbox"/> Heartburn / Indigestion | <input type="checkbox"/> Joint Pain / Swelling |
| <input type="checkbox"/> Weight Change | <input type="checkbox"/> Nausea / Vomiting | <input type="checkbox"/> Back Pain / Stiffness |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Constipation / Bloating | <input type="checkbox"/> Swollen Legs / Ankles |
| <input type="checkbox"/> Difficulty Sleeping | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Easy Bleeding / Bruising |
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Urinary Abnormalities | <input type="checkbox"/> Skin Rash / Hives / Eczema |
| <input type="checkbox"/> Lightheadedness | <input type="checkbox"/> Dizziness / Vertigo | <input type="checkbox"/> Depression / Feeling Blue |
| <input type="checkbox"/> Heart Palpitations | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Anxiety / Stress |

PAST MEDICAL HISTORY

- | | | |
|---|--|---|
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Bowel / Intestinal Disorder | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Acid Reflux | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Autoimmune Disease (Type _____) |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Cancer (Type _____) |
| <input type="checkbox"/> Obstructive Sleep Apnea | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Migraine Headaches | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> ADHD |
| <input type="checkbox"/> Recurrent Ear Infections | <input type="checkbox"/> Diabetes | |

Surgeries/Hospitalizations (include year) _____

FAMILY HISTORY

- | | | | | | | |
|-----------------------|---------------------------------|---------------------------------|----------------------------------|--------------------------------|-------------------------------------|--------------------------------------|
| Allergies / Hay Fever | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Aunt/Uncle | <input type="checkbox"/> Grandparent |
| Asthma | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Aunt/Uncle | <input type="checkbox"/> Grandparent |
| Sinus Disease | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Aunt/Uncle | <input type="checkbox"/> Grandparent |
| COPD | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Aunt/Uncle | <input type="checkbox"/> Grandparent |
| Cystic Fibrosis | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Aunt/Uncle | <input type="checkbox"/> Grandparent |
| Autoimmune Disease | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Aunt/Uncle | <input type="checkbox"/> Grandparent |
| Immunodeficiency | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Aunt/Uncle | <input type="checkbox"/> Grandparent |

Other: _____

Patient Name: _____

SOCIAL HISTORY

Occupation: _____ Any Concerning Work Exposures: _____

Hobbies: _____

Do you use/have you used tobacco products? Yes No Past What type? Cigarettes Cigars Pipes Chew

How many per day? _____ For how many years? _____ If you stopped/quit, when? _____

Have you been exposed to second hand smoke? Yes No Where? _____

Do you use alcohol? Yes No # of drinks per week? _____ Other drug use? Yes No

Any recent travel outside of U.S.? Yes No

ENVIRONMENTAL HISTORY

Do you have pets at home? Cats Dogs Other _____ Inside Outside Both

Do your pets sleep in your bedroom? Yes No Do pets make your symptoms worse? Yes No

Has there been any water leakage/damage in your home? Yes No

If yes, has it been professionally remedied? Yes No

What type of Flooring is in your home? Carpet Hardwood Laminate Tile Vinyl

Bedroom has _____ ?

Age of Home? _____ Years lived there? _____ What type of heating unit do you have? _____

A/C? Yes No What type? _____

How frequently do you change filters in your home? _____

Which of the following do you use in your home:

HEPA Filter Humidifier Dehumidifier Dust Mite Covers for Mattress

MEDICATION ALLERGIES (Please list any avoided medications and reason below)

CURRENT MEDICATIONS (Please list all medications/supplements below or attach list)

| Medication | Dose | Frequency |
|------------|-------|-----------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |