

**DERMATOLOGY
ASSOCIATES of
CONCORD, Inc**

Terry P. Hadley, M.D. Kathryn E. Bowers, M.D. Eileen M. Deignan, M.D.
Caroline L. Levine, M.D. Matthew T. Zipoli, M.D. Alexis C. Perkins, M.D.
Lauren Alberta-Wszolek, M.D. Christina A. Alavian, M.D. Cheryl A. Gray, M.D. Julie A. Fenner, M.D.

290 Baker Ave Concord, MA 01742 | 625 Mount Auburn St Cambridge, MA 02138

WOUND CARE AFTER CRYOSURGERY

The following lesion(s) were treated with liquid nitrogen, a process known as cryosurgery. (See type(s) of lesion(s) treated circled below)

Actinic keratosis

Lichenoid keratosis

Seborrheic keratosis

Wart

What to expect:

The treated site will become red and swollen over the next 24 hours, and may develop a fluid or blood filled blister or form a dark crust as a part of the normal reaction after treatment.

Wound care:

No special care of the area is needed. You can wash the site with soap and water. You may also apply a petroleum based product (Vaseline, Aquaphor or Aveeno healing ointment) at bedtime to help loosen any crust. The treatment area does not need to be kept dry or bandaged unless desired for comfort or cosmetic purposes. Avoid touching or picking at warts until they are fully healed as they can be contagious and spread. Makeup, moisturizers and sunscreen can be used per your usual routine.

***AVOID RETIN-A, SCRUBS OR TONERS ON THE AREA UNTIL COMPLETELY HEALED. ***

NOTE: We DO NOT recommend use of Bacitracin, Neosporin, or other antibiotic ointments unless the site becomes infected, as patients can become allergic to these topicals over time.

How long will it take to heal?

Facial lesions take 1-2 weeks to heal, while lesions elsewhere on the body may take up to 2-4 weeks. A permanent white spot can develop at the cryotherapy site, which is normal. Monitor treated sites for recurrence, if a treated lesion returns after treatment; notify our office as they may require further evaluation and management.

****If you encounter any problems with these instructions, or if a situation arises that is not covered in this instruction sheet, please call the clinical line at 978-254-1612.****