

**DERMATOLOGY
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INSTRUCTIONS FOR DAILY WOUND CARE

1. Keep bandage intact and dry for (24-48 hours)
2. Wash area with warm water and mild soap once daily
3. Pat skin dry after washing and apply ONE of the following as directed:

- Apply with Q-tip:

Vaseline / Aquaphor / Aveeno healing ointment / Mupirocin

- Apply ointment on top of sutures until they are removed

**** The site needs to stay moist and protected in order to promote healing**

4. Cover the wound with a bandage of your choice until the biopsy site is healed over. A regular bandage should be changed daily or every other day. A waterproof bandage can be changed every 2-3 days.

****Avoid Aspirin and Advil/Ibuprofen for 48 hours post biopsy. Tylenol is ok.**

Normal healing includes:

- Slight to moderate itching and tenderness
- Uniform thin pink/ red rim around biopsy
- Yellow-white crusting at base of biopsy

Abnormal healing includes:

- Redness extending beyond border of biopsy
- Pain, swelling, bleeding or oozing yellow-green fluid

Your biopsy results are usually available in 7-10 days. If you have not received your results from the office within 14 days, **please call the clinical line at 978-254-1612.**

Skin biopsy evaluations are performed by Anne Allan, M.D., the DAC Dermatopathologist.

If you encounter any problems with these instructions, or if a situation arises that is not covered in this instruction sheet, please call the clinical line.