



**Center for Breast Care**

<b>Name:</b>		
<b>Age:</b>	<b>Height:</b>	<b>Weight:</b>

**Breast Cancer Risk Assessment Questionnaire**

How old were you when you started having periods? When was your last period?  
Are your menstrual periods regular? Yes / No  
Have you undergone menopause? Yes / No When?  
Did you have a hysterectomy? Yes / No  
Have you ever taken hormones for menopause symptoms? Yes / No How many years?

**Reproductive History**

Have you ever used oral contraceptives? Yes / No How long?  
Are you presently taking oral contraceptives? Yes / No  
Have you ever been pregnant? Yes / No How many times?  
How many?: Delivered \_\_\_\_\_ Miscarriages \_\_\_\_\_ Terminations \_\_\_\_\_  
How old were you when your first child was born? \_\_\_\_\_  
Did you breast feed your child(ren)? Yes / No How long?  
Have you ever taken medication for infertility? Yes / No How long?  
Have you had a recent pap smear? Yes / No When?

**Self-Breast Exam**

Have you ever had a breast lump that you could feel? Yes / No Breast cyst? Yes / No  
Have you ever had a biopsy? Yes / No Breast surgery? Yes / No  
Do you do breast self-exams? Yes / No  
Do you have pain in either breast? Yes / No  
Have you had bleeding or discharge from either nipple? Yes / No  
Have you noticed any changes in your breasts Yes / No

**Family History**

Ashkenazi Jewish Heritage? Yes / No  
Is there a known breast cancer mutation in the family? Yes / No

**Breast Cancer – (Other Cancer type, if known)**

**Maternal**

Mother Yes / No  
Grandmother/Grandfather Yes / No  
Aunts/Uncles Yes / No  
Cousins Yes / No

**Paternal**

Father  
Grandmother/Grandfather Yes / No  
Aunts/Uncles Yes / No  
Cousins Yes / No

**Siblings**

Sisters Yes / No  
Brothers Yes / No

**Children**

Daughters Yes / No  
Sons Yes / No

**Other Diseases**

---

---

---

---

---

---

---

---

---

---

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

