

LPC Professional Disclosure Statement

Theresa Westfall MS, LPC

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www.atlantacenterforspecializedcare.com

Qualifications

- Mercer University, Master’s of Science in Clinical Mental Health Counseling received in 2015
- Additional training in trauma counseling, progressive counting, and brainspotting.

Counseling Background

- Population served: Children, Adolescents, and Adults
- Description of services offered: Individual, conjoint, and group therapy that is cognitive behavioral in nature.
- Description of areas of competence: Holistic and client focused therapy addressing such issues as trauma, anxiety, depression, addiction, relationships, ADHD, stress management, and Autism Spectrum Disorders. Interventions are cognitive behavioral in nature and frequently include Brainspotting.

Session Fees and Length of Service

- Sessions are 45-50 minutes long
- Sessions cost \$181.12 (\$175 with check/ cash discount)
- Cash, check, and credit cards accepted.

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require that a diagnosis of a mental-health condition and indicate that you must have an “illness” before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Complaints:

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/CodeOfEthics/TP/Home/CT2.aspx>).

Georgia Secretary of State
<http://www.sos.ga.gov/plb/>
237 Coliseum Drive
Macon, GA 31217-3858
(478) 207-2440

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____