

## **Why Own My Own Cold Therapy Unit?**

- 1. Your doctor has prescribed cold therapy because He/She is a firm believer in the positive benefits of cold therapy. Cold therapy helps reduce pain, swelling and heat at the surgery site.**
- 2. Cold therapy may not be covered by insurance companies so you are left to pay out of pocket. The cost for rental can be anywhere from \$175.00 to \$180.00+ for a week .**
- 3. If you are given a cold therapy unit in the hospital you pay for the pad and the unit but you are not allowed to take either home with you. Cold therapy works long after the surgery to reduce pain and swelling, it helps keep you comfortable and speeds up your healing time.**
- 4. Many patients find that once they have used the cold therapy unit they want to keep using it long after their surgery post op period. Cold therapy can be used for neck, shoulder, low back, hip, knee, thigh and ankle to reduce swelling and pain.**
- 5. Owning a cold therapy unit works best for some patients for their post operative care.**