

Share 'mother-daughter' day at Levin's Women's Health

BY BARI AUERBACH

It's always fun to plan a mother-daughter lunch date or shopping spree – but now young adults, young-at-heart mothers and grandmothers are invited to share an enlightening, beautifying and potentially lifesaving day at Levin's Women's Health & Wellness Center, *taking a modern, holistic approach to health and wellness.*

Personalized itineraries for "mother-daughter" days are designed to accommodate uniquely individual needs. For example, while mom is having a routine screening in a serene, comfortable environment - she can feel even more relaxed knowing her daughter arranged a private consultation with Levin's Women's Health founder Dr. Daniel Levin, board certified by the American College of Obstetrics and Gynecologists. Well-woman exams, from adolescence to post-menopause, can also be scheduled.

"Our goal is to help foster open communication while providing education and information that can empower women to lead the most healthy, fulfilling lives," Dr. Levin explains.

Mothers and daughters can also enjoy a day of health and beauty, benefitting from state-of-the-art cosmetic and wellness

products as well as in-office procedures such as endometrial ablation for heavy menstrual bleeding and bioidentical hormone replacement therapy. For women who want to become new moms or are already expecting, Levin's Women's Health offers fertility counseling and complete prenatal care from conception and delivery to post-delivery.

Even moms and daughters with the busiest work and school schedules are setting aside a day to take a proactive approach to their health at Levin's Women's Health, where Dr. Levin along with multi-lingual, friendly staff members are dedicated to setting the highest standards of care and enhancing women's lives.

Levin's Women's Health & Wellness Center is located at 12550 Biscayne Boulevard in North Miami. For more information, phone: 305-981-0231 or visit drlevinobgyn.com

Originally from Israel, Dr. Levin was raised in a family of medical doctors and graduated with honors from Austria's leading medical school. He completed his residency at UIC in Chicago and went on to practice throughout Israel, Europe and the U.S., attaining positive outcomes for diverse cases - many considered "high risk."



Dr. Daniel Levin

Touchdown! Aventura offers Youth Flag Football for 2012

The City of Aventura is proud to announce the 2012 Youth Flag Football season. All players who live in Miami-Dade County between the ages of 5 and 14 are eligible.

Aventura residents can register beginning August 6th for \$110 and non-residents can register beginning August 13th for \$132, if space is available.

Clinics and skills ratings for all age divisions will be held on Monday, August 27th through Thursday, August 30th at



5:30 p.m. at Waterways Park. Players will be trained and rated on football skills such as agility, ball handling, passing and running, before they are selected for a team.

Registration can be completed at the Aventura Community Recreation Center, Waterways Park, and Founders Park or online at cityofaventura.com.

For more information, call 305-466-8008.