



Upper Endoscopy (EGD)

Please follow all instructions carefully to prepare for your exam.

- You **MUST** have a driver the day of your exam. If you do not have a driver your procedure will be rescheduled.
- You are not permitted to drive for the entire day due to the medications you will receive.

Special Conditions:

- Tell your gastroenterologist if you are pregnant, have a heart, lung or kidney condition, or if you have had heart valve replacement.
- Diabetics please contact your prescriber, insulin or oral medication may need adjusted by your prescriber the day before and the day of the procedure.
- Ask your doctor for specific instructions if you take a blood thinner or take oral anti-thrombin inhibitors.
- Discuss other medications you take with your physician before your exam to determine if any adjustments need to be made.

Preparation:

For the best and safest examination, the stomach must be completely empty.

- No solid food for 8 hours before your procedure.
- Clear liquids only until 4 hours before your procedure.
- Nothing by mouth 4 hours prior to the procedure, this includes gum, candy, cigarettes, or smokeless tobacco.

Day of your procedure:

- Stop drinking clear liquids 4 hours prior to your procedure.
- Bring a list of the current medications that you take including vitamins.
- If you use an inhaler, please bring it with you for after the procedure.

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