DAILY BLOOD GLUCOSE MONITORING AT VARYING TIMES

Name:_____
Date of Birth:_____

Blood Glucose Target Fasting: 110
Pre-meal: 80-140 Bedtime: 140-150

	BREAKFAST		LUNCH		SUPPER		BEDTIME		REMARKS
Date	TIME	BG	TIME	BG	TIME	BG	TIME	BG	
	X								
			X						
					X				
							X		
	X								
			X						
					X				
							X		
	X								
			X						
					X				
							X		
	X								
			X						
					X				
							X		
	X								
			X						
					X				
							X		

Fax Log to 720-282-2048
We do not accept logs by email.
Please list all diabetes medications and doses below:

Document ALL insulin doses in remarks column.