

# Cleaning your Nebulizer

## CLEAN YOUR HANDS

Before you clean the equipment, wash your hands

## CLEAN THE NEBULIZER

Use a paper towel to thoroughly wash the inside and outside of the nebulizer parts with liquid dish soap and hot water. **USE STERILE WATER. DO NOT USE TAP OR BOTTLED WATER!!!** Do not wash the tubing and tubing adapter (Run air from compressor through tubing to dry). Rinse well. Air dry. Try to clean immediately after medication use.

## DISINFECT THE NEBULIZER PARTS

Do not use Vinegar! Preferred method—boil nebulizer parts for 10 minutes. Remove the nebulizer parts from the boiling water and drain on clean paper towel. Replace wet towels with dry towels and allow nebulizer to air dry. Store on dry surface.

Use a clean and disinfected nebulizer with each treatment whenever possible. Ask for replacements at each office visit.

Please contact Dr. Boas or a member of his clinical staff at 847-998-3434 for additional assistance.

