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After Your Endometrial Biopsy: Expectations and Instructions

1. **PAIN:** Moderate menstrual-like cramping is normal after having an endometrial biopsy. Take ibuprofen (Motrin) 600mg every 6 hours as needed for this pain. You may also add acetaminophen (Tylenol) 650mg every 6 hours if needed. If your pain is not controlled by these two medications, please call the office.
2. **VAGINAL BLEEDING:** You may have menstrual-like vaginal bleeding and pass a few small clots for up to 1 to 2 weeks following your biopsy. However, if you saturate one pad per hour for two hours in a row, or pass clots larger than the size of a tennis ball, please call the office.
3. **UNUSUAL DISCHARGE and FEVER:** Please call the office if you have foul-smelling vaginal discharge or a fever of >100.4F or >38C that persists for 4 to 6 hours.
4. **ACTIVITY:** You may return to your normal daily activities immediately after your endometrial biopsy.
5. **HEALING:** Do not put anything in the vagina for 1 week. In other words, no sex, tampons, or douching.
6. **RESULTS:** The results from today's procedure will be available within 7 to 10 business days. Your physician will call you at that time to review the pathology and discuss next steps.